



## Landmarking & Technique Refresher

It may have been a little while since you last injected the influenza vaccination, and you are looking for a little brush up on your knowledge and skills before you inject this year.

If that's true for you check out this short video created by the Continuing Professional Development for Pharmacy Professionals (CPDPP). Jill Friedt, CPDPPs nurse trainer, help create this 4 minute long clip outlining the proper landmarking and technique for administering flu shots.

Go to [CPDPP IM Injection Refresher](#) to view the clip.