**PACT Refresher Learning Objectives:**

- Receive an overview of nicotine addiction and how it is associated with biological, psychological, behavioral and cultural factors.
- Learn briefly about and apply Motivational Interviewing, stages of change, brief intervention and behavioral therapy techniques as they relate to tobacco addiction and the PACT Program.
- Learn about the contents of the PACT website, support material and special population education.
- Understand requirements of the Drug Plan and Extended Benefits Branch PACT billing program and policy.
- Become familiar with PACT documentation forms.

**Motivational Interviewing Learning Objectives:**

- To familiarize pharmacists with motivational interviewing as an effective style of interaction to engage patients in discussions about behaviour change.
- To recognize client's resistance and identify effective skills to "roll with resistance".
- To become acquainted with the Transtheoretical Model of Change in order to identify the stage of change the client is at and determine an approach that could assist in moving the client along the path of change.
- To address ambivalence and assess client's readiness for change.

**Prescribing for Smoking Cessation - Learning objectives:**

- Assess a patient to determine if a prescription drug for smoking cessation is appropriate.
- Recognize red flags requiring referral to another health care professional (physician, nurse practitioner, psychologist).
- Compare and contrast available treatments, both OTC and prescription, with respect to efficacy, safety and indications for use.
- Outline monitoring parameters for the treatment plan.

**Addictions and Qualitative Exploration of the Community Pharmacists Education and Skills Needs Concerning Drug Addiction in Saskatoon Learning Objectives:**

- Define Addiction as social and biological disease.
- Discuss theories around addiction conceptualization and causation.
- Introduce the results from the study: “Qualitative Exploration of the Community Pharmacists Education and Skills Needs Concerning Drug Addiction in Saskatoon”.
- Introduce future proposed actions to address the educational needs for community pharmacists.

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**PROGRAM INFORMATION**

To participate in this training session, PACT Level 1 is a pre-requisite.

"If you have taken PACT Level 1 – Please indicate that you have taken in the space provided below:

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**REGISTRATION FEES:**

Please check off the appropriate boxes.

- Early Bird Registration – $262.50 (full day/lunch and GST included*) if registered by May 20th, 2016.
- Registration fee May 21st to June 6th (Saskatoon) and to June 13th (Regina) $315.00 (full day/lunch and GST included*)
- Online Course Registration - $210.00 (GST included) (registration opening in September 2016)

- Cheque: enclosed & payable to “CPDP”
- Payment by VISA
- Payment by MCard

I will attend the training program in this city:

- Saskatoon
- Regina

**REGISTRATION FORM**

NAME: ____________________________
SCPP#: __________ NSID#: __________
EMAIL: ____________________________
PHONE: ____________________________
Card Number_____________________
Expiry (MM/YY)___________________
Signature________________________

If you have not taken the PACT Level 1 training – you can take the online training through PAS at no charge at: www.makeapact.ca once completed, please notify the CPDP office.

**Early Bird registration deadline is Friday, May 20th, 2016.** The regular deadline is June 6th for Saskatoon and June 13th for Regina. Registrations will not be processed until payment is received (confirmations by email only). ALL cancellations will be subject to a $50.00 administration fee surcharge up to the June 6th or June 13th deadline; after the deadline, no refund will be provided.

**NO PAYMENTS OR REGISTRATIONS WILL BE ACCEPTED AT THE DOOR**

Complete the registration form and fax to: CPDP
Fax: 306-966-2355
OR cpdp@usask.ca
7:45-8:30 a.m.
Breakfast and Registration

8:30 – 9:30 a.m.
PACT Refresher
Pharmacy Association of Saskatchewan

9:30 – 9:40 a.m.
Stretch break

9:40 – 10:40 a.m.
Smoking Cessation Prescribing
MedSask

10:40 – 11:00 a.m.
Coffee Break

11:00 a.m. – 12:00 p.m.
Motivational Interviewing
Sandra Lane

12:00 to 12:45 p.m.
Lunch

12:45 to 2:15 p.m.
Motivational Interviewing Continued
Sandra Lane

2:15 to 2:30 p.m.
Coffee Break

2:30 p.m. – 3:00 p.m.
Motivational Interviewing Case Studies
Sandra Lane

3:00 p.m. – 4:00 p.m.
Addictions and Qualitative Exploration of the
Community Pharmacists Education and Skills Needs
Concerning Drug Addiction in Saskatoon
Sarah Fatani

4:00 p.m. – Questions and Wrap up
Speaker Panel

Deadline is June 6th for Saskatoon and June 13th for Regina

Live Session Locations:

**Saskatoon** June 12th, 2016
TCU Place – Salon ABC
35 22nd Street E., Saskatoon, SK

**Regina** June 19th, 2016
Regina Delta Hotel, 1919 Saskatchewan Dr., Regina, SK

Participants will be eligible to receive
PACT Level II Certification after
attending this training session

**CONTINUING PROFESSIONAL DEVELOPMENT FOR PHARMACISTS**

**UNIVERSITY OF SASKATCHEWAN**

**SASKATCHEWAN COLLEGE OF PHARMACISTS AND THE COLLEGE OF PHARMACY AND NUTRITION**

**UNIVERSITY OF SASKATCHEWAN**

**SUNDAY SEMINAR SERIES**

“PACT, Smoking Cessation Prescribing, Motivational Interviewing, Addictions And YOU”

This program has been approved by CPDP for 7.0 CEUs