



NEWS RELEASE

Pharmacist care for patients with hypertension would save the Saskatchewan health care system more than \$423 million

First study of its kind highlights significant economic impact of pharmacist care in hypertension management

April 3, 2017: A new study shows that comprehensive long-term pharmacist care for Saskatchewan residents with hypertension, including patient education and prescribing, improves health outcomes and will save money for the province's cash-strapped health care system. Projected cost savings would be more than \$423 million if the full scope pharmacist care were administered to the full population. With around 144,000 in Saskatchewan living with hypertension, the burden on society is enormous both in health and economic terms. Prevalence in 2015 was reported to be 25% in adults and is expected to rise to 35% by 2030. Being able to improve these numbers even slightly would result in countless lives saved.

“For the first time there is evidence illustrating the significant amount of health care dollars that can be saved by allowing pharmacists to provide full scope of care to Saskatchewan people living with hypertension,” said Carlo Marra lead researcher of the study. “While there has long been evidence available for the health benefits of pharmacist care in hypertension management, there has been, until now, a lack of research done on the economic value of this type of care, particularly in Canada.”

For the full results the reports online:

- [Improving health and lowering costs: Benefits of pharmacist care in hypertension in Saskatchewan](#)
- [Interactive web application](#)
- [Cost-effectiveness of pharmacist care for managing hypertension in Canada](#) (*Canadian Pharmacists Journal* - original research)

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