



Pharmacists' new prescribing authority helps Saskatchewan residents butt out.

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Regina, January 21, 2019—The Pharmacy Association of Saskatchewan (PAS) is pleased to announce pharmacists can now prescribe medications to help residents quit smoking.

The new prescribing authority means patients who are seeking to quit can see their pharmacist.

"Whether tobacco users are considering quitting for the first time or trying again after previous attempts to quit, the new prescribing authority will help" said Dawn Martin, Chief Executive Officer, Pharmacy Association of Saskatchewan (PAS). "Covered services include a blend of therapies—medications and counseling—tailored for individual patients' goals and needs."

The Patient FAQ provides details of the services offered by pharmacists to help patients quit tobacco use. Some highlights:

- **Eligibility:** Talk to your local pharmacist about your eligibility for the tobacco cessation programs and services.
- **Medications:** There are various medications that can be used in tobacco cessation. Talk to your pharmacist about which medication would work best for your situation and if these options are potentially covered by any benefits plan you have.
- **Tobacco Cessation Counseling:** Research shows that medication, together with brief advice and counseling can dramatically increase success, that is, continuous abstinence from tobacco use—up to six times more effective than trying to quit without this support. Pharmacists across Saskatchewan provide patients with access to all of these services close to home.

Backgrounders

- [Tobacco Cessation Fact Sheet](#)
- [QuittersWanted \(website and FAQs\)](#)

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