

## SPEAKERS & OBJECTIVES

### **Dr. Andrea Lavoie, MD, FRCPC**

*Cardiologist, Medical Director of cardiac care unit and cardiac rehabilitation program of former Regina Qu'Appelle Health Region, Regina*

- Understand pathophysiology of cardiovascular macrovascular and microvascular disease, inflammation, oxidative stress, hypercoagulability and heart failure and why people with diabetes are at increased risk of CVD
- Understand recommendations for screening and prevention of CVD, including lifestyle and medication recommendations, in people with diabetes
- Understand effects of CVD on diabetes and potential recommended adjustments to diabetes management

### **Joe Solowiejczyk, RN, MSW, CDE**

*Diabetes Nurse Educator and Family Therapist, President and founder of "A Mile in My Shoes"*

- List sources of diabetes distress
- Identify patients' emotional and psychological needs
- Identify and articulate two strategic and clinical interventions to address patient needs

## PROGRAM

### **0800-0830 hrs**

Registration & Exhibits

### **0830-0845 hrs**

Welcoming Remarks

### **0845-1000hrs**

Joe Solowiejczyk

### **1000-1030 hrs**

Nutrition Break & Exhibits

### **1030-1200hrs**

Continuation of Joe Solowiejczyk

### **1200-1300hrs**

Lunch Break & Exhibits

### **1300-1400hrs**

Dr. A. Lavoie

### **1400-1430hrs**

Break & Exhibits

### **1430-1530 hrs**

Continuation of Dr. A. Lavoie

### **1530-1615 hrs**

Review of key learnings, Adjournment

## REGISTRATION

### **Online Registration:**

[https://crm1.diabetes.ca/bbis\\_crmlive/05-10-2019---sk-chapter\\_non\\_members](https://crm1.diabetes.ca/bbis_crmlive/05-10-2019---sk-chapter_non_members)

Phone Registration: (416) 408-7082

- Professional section number must accompany registration for discounted fee
- Payment CONFIRMS your registration.
- No e-mail registrations
- Fees include lunch and 1 nutrition breaks
- **Early bird registration deadline Thurs, Apr 18<sup>th</sup>, 2019. Regular registration by Mon, May 6<sup>th</sup>.**
- NO REFUNDS after early bird deadline

	<i>Early Bird</i>	<i>After</i>
Professional Section member	\$75	\$100
Non-member	\$120	\$150
Full time student	\$75	\$75
Day of conference: all categories	\$175	

For more info contact: Colleen Hollinger: at (306) 697-4007

[Colleen.Hollinger@saskhealthauthority.ca](mailto:Colleen.Hollinger@saskhealthauthority.ca)

## PLATINUM SPONSORS



## GOLD SPONSORS



## WORKSHOP PLANNING COMMITTEE

Tammy Beaudry

Colleen Hollinger

Amanda Hunchak

George Kokonas

Dianne Mooney

Andrea Toogood



This Program has been approved for

- 6.0 credits for CDECB

Professional Section of

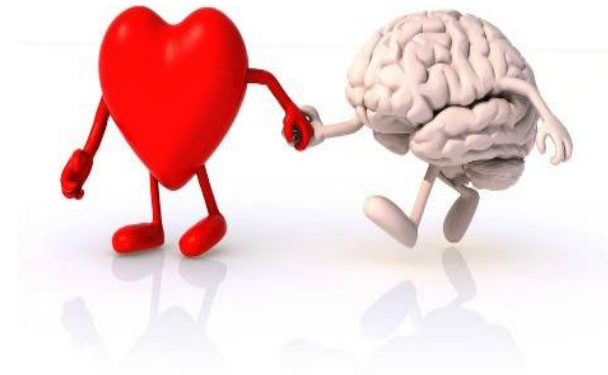


Are you interested in becoming a member?  
Ask us about it or go to [www.diabetes.ca](http://www.diabetes.ca) for  
more information!

# DIABETES CANADA

South Sask Chapter of the Professional  
Section Presents:

## *Getting to the Heart of the Matter*



Dr. A. Lavoie, MD, FRCPC

Joe Solowiejczyk, RN, MSW,  
CDE

Friday May 10, 2018  
8:00 a.m. - 4:15 p.m.

RCMP Heritage Centre  
5907 Dewdney Avenue  
Regina, SK S4T 0P4